

# WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 04/03, 25/03

**AUTUMN/WINTER 2023**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**HOT SPECIALS**

**Cheese and Tomato Pizza** 🍷  
Served with Potato Wedges

**Classic Beef Burger**  
Served with Potato Wedges

**Chicken, Vegetable and Mash Pie** 🍷  
Served with Gravy

**Beef Bolognese** 🍷 🍷  
Served with Wholewheat Pasta and Garlic and Herb Bread

**Breaded Fish Fingers**  
Served with Chips and Oven Baked Jacket Wedges and Homemade Bread

**Macaroni Cheese** 🍷  
Served with Garlic and Herb Bread

**Vegetarian Burger** 🍷  
Served with Potato Wedges

**Vegetable Pastry Roll** 🍷  
Served with Mashed Potato and Gravy

**Vegetarian Bolognese** 🍷 🍷  
Served with Wholewheat Pasta and Garlic and Herb Bread

**Crispy Quorn Nuggets** 🍷  
Served with Chips and Oven Baked Jacket Wedges and Homemade Bread

**JACKET POTATO**

**Jacket Potatoes** 🍷 🍷  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍷 🍷  
with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟

**Jacket Potatoes** 🍷 🍷  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍷 🍷  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍷 🍷  
with a choice of hot and cold fillings

**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta 🍷 🍷

All main meals are served with two vegetables

**DESSERT**

Chocolate Brownie

Crispy Crackle Bar with Fruit 🍷

Carrot and Orange Sultana Slice with Fruit 🍷

Original Flapjack

Vanilla Ice Cream



**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

🍷 Vegetarian 🐟 Oily Fish 🍷 Wholegrain  
🍷 Fruity! 🍷 Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**HOT SPECIALS**

**Cheese and Tomato Pizza** 🌱 🐟  
Served with Potato Wedges

**Turkey Con Chilli** 🍗 🍗  
Served with Wholegrain Rice

**Roast Turkey** 🍗  
Served with Roast Potatoes and Gravy

**Sausage Pasta Bake** 🍗  
Served with Garlic and Herb Bread

**Breaded Fish Fingers**  
Served with Chips and Oven Baked Jacket  
Wedges and Homemade Bread

**Vegetarian Cottage Pie** 🌱 🍗  
Served with Gravy

**Macaroni Cheese** 🌱  
Served with Garlic and Herb Bread

**Cheesy Leek and Carrot Crumble** 🌱  
Served with Roast Potatoes and Gravy

**Vegetarian Sausage Pasta Bake** 🌱  
Served with Garlic and Herb Bread

**Crispy Quorn Nuggets** 🌱  
Served with Chips and Oven Baked Jacket  
Wedges and Homemade Bread

**JACKET POTATO**

**Jacket Potatoes** 🍗 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍗 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍗 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍗 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🍗 🌱  
with a choice of hot and cold fillings

**Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta** 🌱 🍗

All main meals are served with two vegetables

**DESSERT**

**Apple Crumble with Custard** 🌱

**Crunchy Chocolate Biscuit**

**Chocolate and Vanilla Marble Cake**

**Carrot Cake with Fruit** 🌱

**Strawberry Ice Cream**

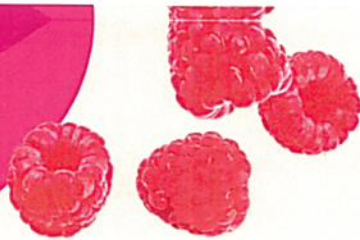


**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread,  
yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain  
🍏 Fruity! 🍷 Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

**AUTUMN/WINTER 2023**

**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**

**HOT SPECIALS**

**Cheese and Tomato Pizza** 🌱 🐟  
Served with Potato Wedges

**Cottage Pie** 🐟  
Served with Gravy

**Roast Beef**  
Served with Roast Potatoes and Gravy

**Chicken and Vegetable Korma** 🌱 🐟  
Served with Wholegrain Rice and  
Homemade Bread

**Southern Fried Chicken**  
Served with Chips and Oven Baked Jacket  
Wedges and Homemade Bread

**Chill No Carne with Crispy Tortilla**  
🌱 🐟 🌱  
Served with Wholegrain Rice and Garlic and  
Herb Bread

**Cauliflower Macaroni Cheese** 🌱 🐟 🌱  
Served with Garlic and Herb Bread

**Sweet Potato and Chickpea Roast**  
🌱 🐟  
Served with Roast Potatoes and Gravy

**Vegetable Lasagne** 🌱  
Served with Garlic Bread

**Crispy Quorn Nuggets** 🌱  
Served with Chips and Oven Baked Jacket  
Wedges and Homemade Bread

**JACKET POTATO**

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Jacket Potatoes** 🌱 🌱  
with a choice of hot and cold fillings

**Tomato Pasta** Fresh, homemade tomato and basil sauce with penne pasta 🌱 🐟

All main meals are served with two vegetables

**DESSERT**

**Magic Apple and Cinnamon Bake  
with Fruit** 🌱

**Crispy Crackle Bar**

**Banana Cake with Fruit** 🌱

**Pineapple Upside Down Cake with  
Custard**

**Chocolate Ice Cream with  
Shortbread Biscuit**



**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread,  
yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice

be assured that all notified medical diets and allergy requirements will be safely catered for.